

The Awakened Soul

Let God Live You

*We shall not
cease from exploration.
And the end of all our exploring
will be to arrive where we started,
and know the place for the first time.*

T.S. Elliot

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The Awakened Soul

All there is is God.
All there is is Love.
All there is is Light.

There is a creative movement out and back
within the being of God.
It is Seamless and Perfect,
the Journey of Souls through all possibilities,
from unconscious Eternal Love and Life
to Conscious Eternal Love and Life.

The prodigals return, bringing Home
everything of value,
touched, experienced, and gathered,
joyfully blending the gift
of their Immortal Selves
into the Eternal Being of God.

The Way Home

Be Present
in The Moment,
All That Ever Is,
as Pure Awareness,
with Feeling Realization
of Love, through your Heart,
and of Life, through your Body.

Surrender, utterly and completely,
into the Awareness-Love-Life,
the One in Whom we live and move and have
our being,
and let God Live You.

Your ordinary relations
will become Divine Communion,
the simple duties of the day, Sacred Service,
each moment, a Sacrament,

your presence, a safe haven
of Wisdom and Equanimity,
and prayer, Conversation of the Heart
with your Origin, Help,
and Constant Companion.

Your Intrinsic Potential,
Gifts and Calling will emerge,
and you will fulfill your Divine Destiny,
guided by Grace,
secure in the
Peace that surpasses understanding,
and inspired by The Great Compassion
of Your Awakened Soul.

***Pure Awareness** is simple, clear, effortless, eternal, ever-present awareness that exists prior to and beyond identification with thoughts, words, images, emotions, experience, self, and all manifest existence. To live as pure awareness with feeling realization of love and life, is to abide in Spirit, the Aware-Love-Life the ALL that is God.*

The Source of All Our Sorrow

We are contracted,
from our True Nature
into a separate self sense,
the source of all our sorrow.

We are contracted in our Attention,
from the reality of the Present Moment
into the illusion of past and future,
a shadow land of guilt and anxiety.

We are contracted in our Minds,
from the freedom, inherent peace,
infinite security and intuitive knowing
of Pure Awareness,
into obsessive seeking, compulsive thinking,
and manic manufacturing of intellectual ego
defenses against the tenacious terror
of ultimate ignorance

that haunts the prison of our presumed
knowledge.

We are contracted in our Hearts,
from Universal Love,
our heart's deepest desire,
into exploitation of life and others
for self gratification,
an insatiable, insipid substitute
that sickens our souls.

We are contracted
in our Bodies and Relationships,
from Life, into self absorption and fear.
Unwilling to connect
with those we long to love,
in the midst of Nature's Splendor
we dance alone
in the dreary emptiness of the ego-obsessed
while Wonder wasted on wanton pleasures
withers from failure to feel

the crunching sand underfoot,
the cool exaltation of a naked swim.
Coursing through our cells,
the Infinite Creative Impulse
that flung the universe into being,
inspiring us to greatness,
doomed to the miserable finitude
of a remote controlled couch potato.

We are contracted in our Will,
from Surrender
and willingness to be lived by God,
into the willful autonomy
of the independent ego.

We are contracted from God,
Always Already Present,
All-inclusive Awareness, Radiant Love,
Eternal Life,
Grace and Peace,

into Narcissus,
preoccupied, self centered, estranged, afraid,
anxious, drowning in a reflected image,
a miserable masquerade
sustained by a wretched refusal
to release its death grip
on the illusion of a separate self,
the source of all our sorrow.

Let God Live You

We are
Always Already
One with what we seek.
There is only God.

We are Contracted
from our Own True Nature
into a separate self-sense,
the source of all our sorrow.

Relax,
Release,
Surrender,
in every moment,
into Feeling Realization
of the One in Whom
we live and move and have our being,
and Let God Live You.

Faith, Hope and Love will arise,
and you will find Peace and great Joy,
simply Being, Living, Sharing and Serving
The One Life That Lives Us All.

All That Ever Is

Be Present

In The Moment
All That Ever Is

As Pure Awareness

Who You Really Are

Love

The Condition
Of All Conditions

Life

The Nature
Of All Natures

Surrender

You're Not In Charge Here

Let God Live You

The Way Home

Be Present

Pure Awareness Will Arise

Aware

Love Will Arise

Love

Life Will Arise

Life

Surrender Will Arise

Surrender

Let God Live You

Homecoming

Allow
Awareness **love **life
To Blend Beyond Words
Into Simply Being
All in ALL****

Welcome Home!

Prayer of Surrender

I offer you my mind
that you may think through me.

I offer you my mouth
that you may speak through me.

I offer you my heart
that you may love through me.

I offer you my hands
that you may bless through me.

I offer you my legs
that you may run swiftly to serve through me.

I offer you my life
that you may live through me.

I offer all that I am
to you the great I AM,

with the prayer

Thy Will be Done,

Into Thy Hands I Commend My Spirit,
Be It Done To Me According To Thy Pleasure.

It Comes Down To This

The Sacred Journey out and back.

God is birthing us by allowing us to travel from unconscious Eternal Love and Life, through all possibilities, (we only grow through experience), to fully conscious Eternal Love and Life. Although we travel through some very rough terrain, all God's children eventually experience a Joyful Homecoming in Conscious Oneness with the Divine. This creative movement within the being of God is Perfect and Seamless. Everyone experiences precisely what is needed to learn and grow, guided by the inviolable law of Karma, you reap what you sow.

The Body-Mind, your mortal self, is ordinary (psycho-physical) awareness-love-life: all.

The body, not the soul apart from the body, is the vehicle for growth and transformation in the schoolroom called earth. The soul chooses to incarnate in order to learn necessary lessons. The soul becomes more and more aware, wise, and compassionate through this sacred journey. The soul is not trapped in the body, nor fallen, nor lost; it loves its body and is grateful for the opportunities (positive and negative) embodiment in this world provides for its evolution into full maturity in Wisdom-Love-Happiness. The soul is able to recall and see any event in any period of its existence three dimensionally.

**The Soul, Your Immortal Self, is Pure
(Witnessing) Awareness-Love-Life:
All.**

Realizing your Immortal Self by identifying primarily with your Witnessing Awareness prior to that which it witnesses, both within (thoughts and emotions) and without (body, circumstances, relationships), establishes one in equanimity, “the peace that surpasses understanding,” because the soul is always identified with Oneness in God and realizes its Eternal Safety.

**God is Infinite, Eternal, Pure (All-
inclusive) Awareness-Love-Life: ALL.**

Awareness-Love-Life is ALL that ever IS. God is Infinite Eternal Consciousness (Awareness) Whose Nature is Love and Whose Creative Expression is Life, or what science calls energy. Full realization of one's Eternal Existence as All in ALL, is the Only Never Ending Happiness.

Universal Prayer

**I pray for Faith.
Not faith in specific things,
but Faith that trusts everyone and everything
to You,
trusts that You know what you're doing,
and trusts that You make all things
ultimately work together for good.**

**I pray for Hope.
Hope that looks to the future
and sees that although we travel through
some rough terrain,
all roads eventually lead Home to You
and to joyful reunion with loved ones.**

**I pray for Love.
That no matter what the circumstance,
we would all be able to feel through our
experience, condition, or state of mind,
to the Love that You are,
the Love that we are,
the Love from which we come,
the Love to which we return,
the Love in Whom we live and move and
have our being
that always enfolds and comforts us.
I pray that we would abide in That Love,
in every moment, in all our relationships,
in all we think and say and do.**

**I pray for Peace.
The Peace that surpasses understanding,
that comes only when we let go of everyone
and everything,
surrender completely to You,
and discover that we are being held,
that You are the Eternal God
and underneath are the Everlasting Arms,
Always.**

**I pray for Faith, Hope, Love, and Peace,
and the absolute certainty that
we, our loved ones,
and all beings, from every time and place,
are absolutely safe, absolutely loved,
and that all is well,
now and forever.
Amen**